

# Why controlling your phosphorus level is important

Phosphorus is a mineral found in your body and in foods you eat. When you have chronic kidney disease and are on dialysis, your body cannot get rid of excess phosphorus. While your body needs phosphorus to stay healthy, too much can be harmful and can cause damage to your body.

A phosphate binder works to lock up phosphorus from your diet before it is absorbed into your bloodstream.

## To control your phosphorus levels, follow the “3 Ds”:



Diet, dialysis, and phosphate binders work together to keep extra phosphorus from building up in your body.

**DIET:** Eat fresh foods and cook homemade meals. There is hidden phosphorus in many foods, like packaged mashed potatoes. Read food labels and look for words that contain “phos,” for example.

**DIALYSIS:** Keep every dialysis appointment and stay for the entire time.

**DRUG THERAPY:** Take your phosphate binders as prescribed by your doctor.

## Talk to your healthcare team to learn more about controlling your phosphorus

### INDICATION

Velphoro® (sucroferric oxyhydroxide) is a phosphate binder indicated for the control of serum phosphorus levels in adult and pediatric patients 9 years of age and older with chronic kidney disease on dialysis.

### IMPORTANT SAFETY INFORMATION

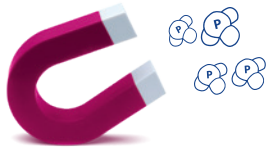
- Velphoro chewable tablets must be taken with meals. Velphoro should be chewed or crushed. Do not swallow whole. Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and other supplements. Velphoro can interact with other medicines.
- Tell your healthcare provider if you have any of the following: peritonitis (an infection) during peritoneal dialysis, significant gastric or liver disorder, recent major gastrointestinal (GI) surgery, a history of hemochromatosis or other disease that results in iron buildup in the body. People with these conditions were not included in clinical studies with Velphoro, and your healthcare provider will monitor your iron levels while you are taking Velphoro.

**Please see additional Important Safety Information on back and full Prescribing Information at [Velphoro.com](http://Velphoro.com).**

 **VELPHORO**®  
(sucroferric oxyhydroxide)  
chewable tablets

Take control with Velphoro

# Lower your phosphorus with the strongest phosphate binder



Velphoro works like a magnet that pulls the phosphate out of the food you eat, lowering your phosphorus levels. And because it's the strongest phosphate binder, you can take fewer pills. **One tablet of Velphoro locks up more phosphorus than other phosphate binders.**

You choose how to take Velphoro



BREAK

OR



CHEW

OR



CRUSH

Take one tablet with each meal or snack as prescribed by your doctor. Most people take only 3 to 4 Velphoro tablets per day compared to 9 to 12 tablets per day with other phosphate binders.

## Most side effects of Velphoro were mild

- The most common side effects with Velphoro are diarrhea or loose stools, which usually occur within the first week of treatment and go away on their own after a short time
- Velphoro may turn your stools black. This is expected with medications that contain iron
- Some patients have experienced tooth staining or a rash while taking Velphoro



Lighten your day the Velphoro way



See actual patients sharing their stories at [Velphoro.com](https://www.velphoro.com)

Scan the code with your cellphone camera.

## IMPORTANT SAFETY INFORMATION (cont)

- Velphoro can cause side effects. The most common side effects are discolored stool, diarrhea, and nausea. Tell your healthcare provider if you have any side effect that bothers you or that does not go away.
- Discolored (black) stool is considered normal if you are taking an oral medication that contains iron, like Velphoro. Discolored stool may mask gastrointestinal bleeding, which was not a side effect of Velphoro in clinical studies.
- Before taking Velphoro, tell your doctor if you are pregnant, plan to become pregnant, or are breastfeeding.

Velphoro is available by prescription only. For additional Safety Information, please see full Prescribing Information at [Velphoro.com](https://www.velphoro.com).

To report SUSPECTED ADVERSE REACTIONS, contact Fresenius Medical Care Customer Service at 1-800-323-5188 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](https://www.fda.gov/medwatch).